

Clarksville High School 800 High School Dr. Clarksville, IN

- I-65 to Exit 2 (Eastern Blvd.)
- Go north a half mile to Ettels Lane
- Turn left on Ettels Lane
- Track is on the left

27th Annual Runner-of-the-Year 2011 Racing Series

Be sure to check for race info well in advance of event.

- 05/28** RUN FOR THE BERRIES 5K (STARLIGHT)
- 06/11** BARNYARD DASH 10K (STARLIGHT)
- 06/25** FOUNDERS DAY 5K (CHARLESTOWN)
- 07/13** CHAMPIONSHIP OF THE WORLD MILE RUN (C-VILLE)
- 08/13** CHUCK'S 5K (NEW ALBANY)
- 09/10** LANESVILLE HERITAGE 8 M. (LANESVILLE)
- 11/24** FAST FREDDIE'S 5-MILER (NEW ALBANY)

2011 General Rules:

- ◇ Open to residents of Clark, Crawford, Floyd, Harrison, Scott and Washington Counties. Residency is based on mailing address and occupation.
- ◇ Eligibility starts September following spring graduation. Runners on college teams (s-ship or not) are not eligible nor are runners receiving significant funds due to running.
- ◇ Age is determined by runner's age in first scoring event. Individual will remain that age for entire season.
- ◇ **NEW...**In 2011 runners must score in at least four races. If no one scores in at least four races, there is no award for that division.
- ◇ Points are based on overall top ten finish places in Open Division (50-45-40-etc) and overall top five positions in the Masters (40+) and Grandmasters (50+) Divisions (25-20-15-etc) in the above races. (Points doubled at Lanesville.) Grandmasters must finish in the top ten Masters positions and may score in both.
- ◇ At season's end older runners placing in younger division earn privilege of choosing division. Subsequent runners may be displaced or move up.
- ◇ Runners moving into the area become eligible when their new address becomes official. Resident runners moving out of the area retain their points and local residency status until the end of the season.
- ◇ Awards (each gender): Open: \$300-\$200-\$100. Masters/Grandmasters: \$100-\$50.

Need more info? Send an email to fastfred@insightbb.com or visit www.pacersandraces.com

Did you know....

- ◇ Since the series began in 1978, no session has ever been canceled!
 - ◇ The \$1 entry fee has been unchanged since 1993!
 - ◇ The featured relays are the winter workouts that series creator Dennis McNulty and Fred Geswein did in the winter of 1977!
 - ◇ Paralympics Gold Medalist Tim Willis set a national record here in 1996!
 - ◇ The series has been part of the training for....
 - Individual College Conference Champions
 - Indiana or Kentucky Individual State Champions
 - Division I College All-Americans
 - Derby Mini-Marathon Winners
 - National Age Group Champions/Runner of the Year
 - Olympic Trials Qualifiers
 - Paralympics Gold Medalists
- 1000+ individuals like you who aspire to fitness and/or athletic excellence!

**2000 Broadway
Suite 221
Clarksville, IN 47129**

**Phone: 812-283-5313
Fax: 812-288-1380**

**info@clarksvilleparks.com
www.clarksvilleparks.com**



More Info...
www.r88s.com/tnt

34th Annual SUMMER RUNNING SERIES

*The summer training camp for
champions of all abilities!*

2011

Sponsored by
Clarksville Parks & Recreation

www.clarksvilleparks.com



Just the facts...

- Adherence to proper track and field etiquette and attire is expected.
- Wednesday evenings, May 25 to July 13. Rain or shine.
- Open to all ages and abilities.
- Events take place at Clarksville High School track (see directions on reverse side)
- \$1 per runner per evening and \$1 per spectator per evening. Fee will be collected at the gate.
- Concessions benefit Clarksville High School Cross Country team. Your support is appreciated!
- Events are listed in order, rolling schedule.
- No MP3 players or headphones.
- Starting blocks not permitted.
- No alcohol.
- 1/4" spikes or less.
- Special events by request (2 week notice required).
- For more information, please contact the parks office at 812-283-5313 or info@clarksvilleparks.com.

| DATE | EVENT | 7:00PM JUNIOR DIVISION 8th Grade and Younger | 7:30PM SENIOR DIVISION 9th Grade to Adult |
|---------|---|--|---|
| May 25 | #1 BIG 10 ICON NIGHT May 25, '35 Jesse Owens breaks 3 WR's/Ties 1 @ Big 10 Champs | <ul style="list-style-type: none"> • 200 • 800 • 4 x 100 • *Kiddie Events | <ul style="list-style-type: none"> • 1500 (3.55.0/4.39.0) • 600 (1.23.0/1.38.0) • 2 x 8 x 400 |
| June 1 | PIZZA NIGHT Enjoy pizza w/your friends. Name the place. You buy!!! | <ul style="list-style-type: none"> • 300 • 1500 • 4 x 100 • *Kiddie Events | <ul style="list-style-type: none"> • Mile (4.12.7/4.59.4) • 200 (21.3/26.0) • 2 person 5k |
| June 8 | LADIES NIGHT Ladies run for only \$1 | <ul style="list-style-type: none"> • 400 • 800 • 4 x 100 • *Kiddie Events | <ul style="list-style-type: none"> • 2 x 8 x 200 Par Lauf (8.20/9.31) • 1000 (2.31.0/2.50.7) • 500 (1.05.4/1.20.5) • 2 person 10k (26.43/34.32) |
| June 15 | CELEBRATE FLAG DAY Wear your red, white, and blue! | <ul style="list-style-type: none"> • 200 • Mile • 4 x 400 • *Kiddie Events | <ul style="list-style-type: none"> • 3000 (8.08.0/10.00.0) • 300 (34.2/42.0) • 3 x 10 x 300 |
| June 22 | SUMMER'S HERE | <ul style="list-style-type: none"> • 300 • 800 • 4 x 100 • *Kiddie Events | <ul style="list-style-type: none"> • 800 (1.56.8/2.15.0) • 400 (49.2/59.8) • 2 x 6 x 800 (27.30/32.25) |
| June 29 | 13th ANNUAL HOME-COMING Yep! We really crown a king and queen. | <ul style="list-style-type: none"> • 400 • 1500 • 4 x 100 • *Kiddie Events | <ul style="list-style-type: none"> • 1500 (3.55.0/4.39.0) • 300 (34.2/42.0) • 3 x 12 x 200 (17.45/20.38) |
| July 6 | 25th BEER NIGHT Always a favorite, although it is not allowed on premises! | <ul style="list-style-type: none"> • 200 • 800 • 4 x 100 • *Kiddie Events | <ul style="list-style-type: none"> • 500 (1.05.4/1.20.5) • 2000 (5.36.0/6.30.0) • 800 (1.56.8/2.15.0) • 2 x 12 x 400 (25.20/29.20) |
| July 13 | CHAMPIONSHIP OF THE WORLD Featuring "Runner of the Year" One-Mile Run Championship | <ul style="list-style-type: none"> • 400 • Mile • 4 x 400 • *Kiddie Events | <ul style="list-style-type: none"> • 200 (21.3/26.0) • Mile (4.12.7/4.59.4) • 400 (49.2/59.8) • 2 x 8 x 200 (11.17/13.42) |

*Kiddie Events (7 & under)
Toddler Dash, 50 Meters ♦ Kiddie Quarter, 400 Meters (1 lap)

Unless otherwise designated, all events listed in meters.